

# South Africa's Blooming Landscapes: Wildflowers, Nature Reserves, and Gardens

with AHS Hosts David & Janice Ellis August 24 - September 6, 2025

Optional Post-trip Extension: Blyde River Canyon & Wildlife Safari

### Dear Friends,

I am thrilled to extend a warm invitation to join us on a truly remarkable AHS Travel Study program to the breathtaking landscapes of South Africa. This journey promises an unforgettable exploration of the country's rich biodiversity, cultural heritage, and natural wonders.

Set against the backdrop of wildflower season, our adventure begins in the vibrant city of Cape Town, before embarking on a journey through the Cape Floral Region, a UNESCO World Heritage Site that is home to an exceptional array of plant species and wildlife. Highlights include visits to the Cape of Good Hope Nature Reserve, the verdant oasis of Kirstenbosch National Botanical Garden, and a special visit with members of the Cape Horticultural Society at the Arderne Gardens.

Heading further into the heart of South Africa's natural splendor, we'll explore the Weylands Wildflower Reserve, Nieuwoudtville, and the enchanting Kagga Kamma Reserve. In the picturesque wine country surrounding Stellenbosch, we'll immerse ourselves in the tranquility of its vineyards and gardens, including a guided tour of Stellenbosch University Botanical Garden, the oldest university botanic garden in South Africa. Our itinerary culminates in a private tour of the captivating Dylan Lewis Sculpture Garden.

I am delighted that this program will be hosted by David and Janice Ellis. David has been editor of *The American Gardener* since 1996. David lived in Zambia for 16 years and has personal experience with the flora of southern Africa. Janice is a book and paper conservator at the Smithsonian's National Museum of American History. David and Janice look forward to sharing their passion for gardens and exploration with AHS travelers. In addition, throughout the journey, we'll enjoy enriching discussions with local horticultural experts.

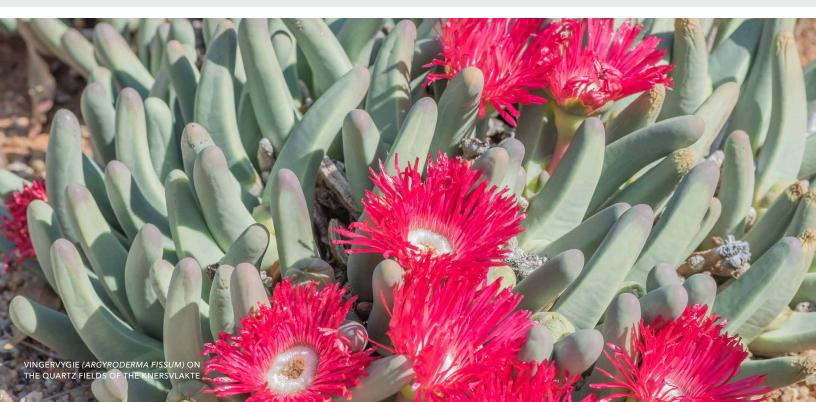
If you would like to extend your travel experience, there is an opportunity to join an optional program extension to explore Blyde River Canyon and Kruger National Park. Additionally, other personalized program extensions in the area can be arranged, curated for your individual interests.

I am excited about the unique experiences that await AHS travelers on this extraordinary journey. Limited spaces are available, so I encourage you to make your reservation early.

Warmest regards,

Juganne

Suzanne Laporte President & CEO





# MEET YOUR AHS HOSTS David & Janice Ellis

David joined the AHS staff in 1994 and has been editor of AHS's bimonthly membership magazine, *The American Gardener*, since 1996. During his time with the AHS, he has coordinated publication of more than 15 gardening books, serving as a contributing editor for *The American Horticultural Society Encyclopedia of Gardening Techniques*. David has been a guest on several radio programs, including National Public Radio's "Science Friday" and NPR's "Kojo Nnamdi Show", and regularly serves as a panelist with other garden communicators and journalists at national events. David lived in Zambia for 16 years and has traveled in Zimbabwe and South Africa, so he has personal experience with the flora of southern Africa.

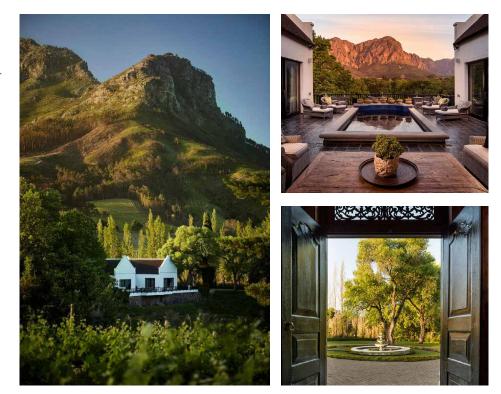
Janice is a book and paper conservator at the Smithsonian's National Museum of American History, where she executes stabilization and restoration treatments on rare documents and the occasional National Treasure. At home, she designs garden beds with texture, color, and aroma in mind, preferring to plant in mass for the boldest effect.

David and Janice look forward to sharing their passion for gardens and exploration with AHS travelers.

# SAMPLE ACCOMMODATIONS MolenVliet

Nestled on 35 acres on the banks of the Banghoekrivier, MolenVliet is a boutique wine and guest estate in the heart of the Stellenbosch wine country. Enjoy elegant five-star accommodations and breathtaking panoramic views of the surrounding mountains, vineyards, river, and wellestablished gardens.

Your spacious, air-conditioned accommodations are in MolenVliet's Manor House, a fully restored homestead in the Cape Dutch architectural style. Relax as you take in the Manor House's 360-degree vistas over the estate, swim in the outdoor swimming pool, or take advantage of the lounge chairs in the estate's garden.



# WHEN YOU TRAVEL WITH THE AHS, YOU MAKE A DIFFERENCE.

Designed for garden enthusiasts who love to explore horticultural wonders around the world, AHS Travel Study offers exceptional programs that include many exclusive experiences and unique insights. Your participation in an AHS Travel Study program supports the AHS's nonprofit work to increase knowledge among gardeners, inspire passion for plants and the natural world, and encourage responsible stewardship of the earth.



## ITINERARY

BLD = BREAKFAST, LUNCH, DINNER

### DAY 1 | SUN | AUG. 24 | DEPART US

Your journey begins from your home city today. Your destination: Cape Town, South Africa!

### DAY 2 | MON | AUG. 25 | CAPE TOWN

Upon arrival at the Cape Town International Airport, after collecting your luggage, you will be met and taken to your hotel near the iconic Victoria & Alfred Waterfront. Depending on your arrival schedule, you may have leisure time today to explore your new surroundings. *Overnight at Radisson Blue Hotel Waterfront.* 

### DAY 3 | TUE | AUG. 26 | CAPE TOWN

Following a welcome breakfast and orientation with your local guide and American Horticultural Society hosts, your exploration of Cape Town begins with a cable car ride to the top of Table Mountain (weather permitting). Vegetation found on the mountain consists primarily of fynbos, a unique yet endangered collection of shrubs and plants that are endemic to the Cape region. They form part of the Cape Floral Region protected areas, which boast the world's highest known concentration of plant species-1,300 per 3,800 square miles. After lunch at a local restaurant, visit the Cape of Good Hope Nature Reserve. This scenic reserve is teeming with rich biodiversity, including 1,100 indigenous plant species, 250 bird species, zebras, elands, and baboons. Afterwards, visit the African Penguin colony at Boulders Beach. This is one of only a few easily accessible colony sites, and walking along the boardwalk affords the chance to observe these charming birds at close range. This evening at your hotel, engage in a discussion with special guest Adam Harrower, a senior horticulturist at Kirstenbosch National Botanical Garden. He will join you for dinner on the Victoria & Alfred Waterfront. Overnight at Radisson Blue Hotel Waterfront. (BLD)

### DAY 4 | WED | AUG. 27 | CAPE TOWN

Spend the morning and early afternoon at one of the finest botanical gardens in the world, Kirstenbosch National Botanical Garden. You will be accompanied by Cherise Viljoen, who has worked at Kirstenbosch for over 20 years, and is a member of the Cape Horticultural Society and owner of Cherish Plants. Few gardens can match the sheer grandeur of Kirstenbosch, set against the eastern slopes of Table Mountain. There are over 7,000 species in cultivation, including many rare and threatened species. The garden displays a wide variety of fynbos flora, including sugarbushes (Protea spp.), pincushions (Leucospermum spp.) and heaths (Erica spp.). Plants from all the diverse regions and biomes of southern Africa are also grown here, including a near-complete collection of cycads (Encephalartos spp.). Other highlights include the custom-built Botanical Society Conservatory and the Centenary Tree Canopy Walkway, a curved steel-and-timber bridge that winds through the arboretum and gives panoramic vistas of the surrounding mountains, garden, and Cape Flats. Meet back with the group for lunch at the Kirstenbosch Tea Room. Continue your day at the tranguil Arderne Gardens while meeting members of the Cape Horticultural Society. Enjoy a walk with your new friends through the garden, home of champion trees and a welcoming public space, followed by afternoon tea and bites together at the nearby Athenaeum. This evening is on your own to explore the waterfront or enjoy the hotel's al fresco restaurant. Overnight at Radisson Hotel Blu Waterfront. (BL)

### DAY 5 | THU | AUG. 28 | CAPE TOWN

Set out this morning for a drive to the beautiful Wellington Wine Valley, home to fynbos farmer Giselle Courtney. Giselle notes, "By cooking with ancient indigenous flavors we deepen our connection to our South African identity. My wish is that Fynbos is recognized as our culinary tradition and ultimately takes its place amongst the herbs of the world. It's important not only from a botanical standpoint, but also from a psychological one. Our edible indigenous plants are our core connection to the land." Experience Giselle's Masterclass, which includes a guided laboratory-style tasting of 11 aromatic fynbos botanicals in a variety of infusions, a mixology tapas-style lunch, and a scenic fynbos stroll. Return to Cape Town this afternoon and visit Starke Ayres Garden Center, one of the most well-known and beloved plant nurseries in the city. Ask questions of the staff, enjoy the variety of intriguing plant species, and perhaps take home some good tips for your own garden. Early this evening, meet with landscape designer Marijke Honig, who studied botany at the University of Cape Town, honed her craft at Kirstenbosch, and has for the last two decades been designing

and planting indigenous landscapes. She is also the author of *South African Indigenous Plant Palettes* (available for purchase at Kirstenbosch's book shop). Dine individually this evening. *Overnight at Radisson Hotel Blu Waterfront. (BL)* 

### DAY 6 | FRI | AUG. 29 | NIEUWOUDTVILLE

Today begins early for your journey into one of South Africa's most scenic areas-at least during this special time of year. En route to Nieuwoudtville, the first stop will be to view the Waylands Wild Flower Reserve, followed by the nearby Tienie Versfeld Nature Reserve. Have lunch in Darling and then continue to your destination with a visit in the Knersvlakte Nature Reserve. The reserve's striking, stark desert landscape is covered with white quartz pebbles embedded with a diversity of unique "stone plant" species. This is also part of the landscape where alluvial diamonds, washed here by the Orange River over millions of years, were first discovered in the 1800s. From here, continue up the escarpment to the small town of Nieuwoudtville, which is extremely popular during the wildflower season due to its unique placement where the semiarid Karoo region intersects the fynbos biome. This is the bulb capital of the world, with thousands of endemic species of bulb plants on display. Arrive at the Melkboomsdrift Guesthouse, located in a restored farmhouse on a working wine farm. Before dinner, relax at the pool overlooking the river and vineyards. Overnight at Melkboomsdrift Guesthouse. (BLD)

### DAY 7 | SAT | AUG. 30 | NIEUWOUDTVILLE

Start the day at the Hantam National Botanical Garden. During flower season, this is one of the loveliest places to explore the spectacular bulb display on the Bokkeveld Plateau. Enjoy a picnic lunch at the Nieuwoudtville waterfall, followed by a visit to the quiver tree (*Aloe dichotoma*) forest located on a private farm whose owners graciously allow visitors to see this great wonder. These remarkable trees got their name because members of the Khoisan indigenous groups, which inhabited much of Southern Africa prior to European colonization, used their hollowed-out branches as quivers for their arrows. If time permits, visit the Nieuwoudtville Wild Flower Reserve, a unique 250-acre site that is particularly rich with 199 genera and 309 species of plants. *Overnight at Melkboomsdrift Guesthouse. (BLD)* 



### DAY 8 | SUN | AUG. 31 | KAGGA KAMMA

This morning, journey south until you reach your final destination of the day, Kagga Kamma Reserve. Have lunch en route in Tankwa Karoo National Park, a desert drier than Death Valley. Following arrival, you will have the remainder of the afternoon at leisure to relax and explore your new surroundings. Kagga Kamma is located in a wilderness area in the peaceful southern Cederberg Mountains. This site is dominated by the succulent Karoo vegetation, globally the most species-rich of all desert biomes, with dry fynbos and renosterveld vegetation at higher elevations. Here you can enjoy the silence and brilliant starlit skies. The stunning location of the lodge was once home to the San peoples; today, many of their ancient cave paintings (some dating back 6,000 years) are still clearly visible on the rocks. Your stay at Kagga Kamma includes two excursions per day: the Rock Art Tour, Sundowner Tour, Morning Nature Drive, or Late Night Nature Drive. There are also extensive hiking trails and other options for the more adventurous. *Overnight at Kagga Kamma Lodge. (BLD)* 

### DAY 9 | MON | SEPT. 1 | KAGGA KAMMA

You will have a full day at Kagga Kamma to enjoy what this unique area has to offer. Start the day early with a nature drive. The remainder of your day can be spent as you choose, selecting from the activities offered by the lodge. *Overnight at Kagga Kamma Lodge. (BLD)* 



## DAY 10 | TUE | SEPT. 2 | STELLENBOSCH

Travel to the wine country surrounding Stellenbosch for a visit to Babylonstoren Estate, considered one of the oldest and finest of the Cape Dutch farms. Lunch will be in the Greenhouse, followed by a guided walk through the garden, which features eight acres of cultivated fruits and vegetables. Late afternoon takes you to MolenVliet Oosthuizen Family Vineyards, nestled on the banks of the Banhoek River. The boutique 35-acre wine estate produces some of the finest wines, focusing on quality instead of quantity. The remainder of the late afternoon and evening are free to enjoy your new surroundings. *Overnight at MolenVliet. (BL)* 

## DAY 11 | WED | SEPT. 3 | STELLENBOSCH

After breakfast, take a guided tour of Stellenbosch University Botanical Garden, the oldest university botanic garden in South Africa. Meet your host, the garden's curator Dr. Donovan Kirkwood, who will be able to answer your questions and welcome you to this jewel. The garden is beautifully maintained and includes three glasshouses (tropical, succulent, and Karoo houses), a lotus lily/koi fish pond, Japanese garden, herb garden, and arboretum. It is widely regarded as an open-air laboratory and serves as a center for training, science, conservation, and recreation. For this purpose, rare plants have been imported from all over the world. After your time at the garden, return to MolenVliet for a wine tasting tour and late lunch, with the remainder of the day at leisure. *Overnight at MolenVliet. (BL)* 

### DAY 12 | THU | SEPT. 4 | STELLENBOSCH

Your last day in Stellenbosch begins with a private visit to the Dylan Lewis Sculpture Garden. You will be accompanied by Fiona Powrie, the garden's indigenous plant consultant who worked alongside designer Francesca Watson to populate the garden with native African species, including fynbos. Enjoy your time meandering through the garden's extensive pathways, whose collection of 60 sculptures and striking flora will amaze and delight you. After a short stop for refreshments, continue on to Old Nectar Gardens and Manor House. Take time on your own to wander through the nearly 10 acres of old growth trees, shrubs, and spectacular views. This evening, gather for a delicious farewell dinner at MolenVliet estate. *Overnight at MolenVliet. (BLD)* 

## DAY 13 | FRI | SEPT. 5 | STELLENBOSCH/CAPE TOWN/DEPARTURE (OR BEGIN EXTENSION)

You will have the morning at leisure, followed by your transfer to the Cape Town International Airport for your flight(s) home. For those continuing on the optional post-trip extension to Blyde River Canyon and Kruger National Park, your transfer to Cape Town departs early this morning. *(B)* 

DAY 14 | SAT | SEPT. 6 | ARRIVE US Welcome home!

# Optional Post-Trip Extension – Limited Availability

# BLYDE RIVER CANYON & WILDLIFE SAFARI



## ITINERARY

BLD = BREAKFAST, LUNCH, DINNER

### DAY 1 | FRI | SEPT. 5 | BLYDE RIVER CANYON

This morning, depart from MolenVliet and head to Cape Town International Airport for your flight to Hoedspruit, a town near Blyde River Canyon and Kruger National Park. Upon arrival, collect your luggage, meet your driver, and travel to your elegant and modern accommodations at umVangati House. The remainder of the late afternoon is at leisure to enjoy the peaceful, picturesque surroundings. Gather together this evening for dinner at umVangati. *Overnight at umVangati House.* (D)

### DAY 2 | SAT | SEPT. 6 | BLYDE RIVER CANYON

Today, explore the majestic Blyde River Canyon Nature Reserve. Encompassing more than 1,100 square miles of protected land, the Blyde River Canyon is one of the largest in the world, along with the likes of the Grand Canyon in the United States and the Fish River Canyon in Namibia. It is regarded as the largest green canyon due to its lush subtropical foliage and has the deepest precipitous cliffs of any canyon on the planet. Its beauty and magnificence make it one of the most visited attractions in South Africa. The canyon measures more than 16 miles in length and is, on average, around 2,624 feet deep. The reserve extends along the canyon's winding path, which offers impressive views at every turn and is home to a wide variety of species of antelopes, primates, and fish, as well as hippos, crocodiles, and more. It is situated against the Drakensberg escarpment—the eastern portion of the Great Escarpment that features an ensemble of major steep slopes across southern Africa—and includes natural wonders like the Bourke's Luck Potholes, the Three Rondavels, Pinnacle Rock, and God's Window. Enjoy a picnic lunch during the journey to make the most of this sightseeing tour, as well as time to stretch your legs and take some walks along the trails in the reserve. After the day's delightful exploration, return to the umVangati House for dinner this evening. *Overnight at umVangati House. (BLD)* 

## DAY 3 | SUN | SEPT. 7 | ABELANA GAME RES.

Start the day with breakfast before traveling to Kruger National Park, Abelana River Lodge. (Special note: For those who wish, a sunrise hot air balloon ride is offered by umVangati House at additional cost and subject to weather conditions. Should you be interested in this activity, please register upon arrival. This is the only morning you will be able to add this optional activity.) Abelana's rooms are under thatch with en-suite facilities, including an additional outside shower and spacious deck overlooking the river where guests can spend time relaxing between activities. The river is home to a plethora of wildlife such as hippos and crocodiles and a variety of bird species. Join the lodge's guide and tracker in the late afternoon for your first wildlife-viewing drive and a chance to see elephants, giraffes, leopards, zebras, wild dogs, impalas, wildebeest, birds, and much more. Explore the stunning sights and encounter the fascinating and abundant roaming wildlife through sunset and early evening. Return to the lodge for a delicious dinner, taking in the night air and moonlit river. Dinner is included. Overnight at Abelana River Lodge. (BLD)

### DAY 4 | MON | SEPT. 8 | ABELANA GAME RES.

Spend the next two days with thrilling early morning and late afternoon wildlife-viewing drives for unforgettable encounters with the many mammals, birds, reptiles, and insects found in the reserve, including the iconic Big Five. Abelana Game Reserve is a 36,000-acre Big Five game reserve adjacent to the Greater Kruger National Park and the Selati Game Reserve, close to the town of Phalaborwa in South Africa's beautiful Lowveld, the country's prime big game region. Owned by the Mashishimale community, the word "abelana" means "to share amongst each other" in the local Northern Sotho language. This spirit of sharing underpins the relationship between the Mashishimale and its lodge operations partner, which leases the land for ecotourism purposes. Between drives, you'll have time to rest, dine, and enjoy the lodge's open-air communal areas. *Overnight at Abelana River Lodge. (BLD)* 

### DAY 5 | TUE | SEPT. 9 | ABELANA GAME RES.

You will have a full day to continue your exploration of Abelana Game Reserve with your professional safari guide/driver(s). *Overnight at Abelana River Lodge. (BLD)* 

### DAY 6 | WED | SEPT. 10 | JOHANNESBURG

After one last early morning wildlife-viewing drive and breakfast, return to the Hoedspruit Airport for your flight to Johannesburg, and then check in for your international flight(s) to your home city, departing this evening. (B)

DAY 7 | THU | SEPT. 11 | ARRIVE U.S. Welcome home!



## South Africa's Blooming Landscapes: Wildflowers, Nature Reserves, and Gardens August 24 - September 6, 2025

### AHS TRAVEL STUDY TRIP INFORMATION

#### SOUTH AFRICA'S BLOOMING LANDSCAPES: WILDFLOWERS, NATURE RESERVES, AND GARDENS

### August 24 - September 6, 2025

This custom AHS Travel Study program has been created uniquely for AHS travelers and is offered in collaboration with Holbrook Travel.

**AHS TRAVEL STUDY ACTIVITY LEVEL DESCRIPTION:** AHS Travel Study programs are designed to offer immersive experiences and often involve long days filled with exploration and extensive walking on uneven terrain. To participate in a program, it is recommended to be in good physical condition and prepared to walk for a minimum of two miles each day.

**TRAVEL INSURANCE:** Travel Insurance is not included in the tour cost, but participants are strongly encouraged to purchase a travel protection plan in conjunction with this tour, including coverage of trip cancellation, trip interruption, emergency evacuation/repatriation, medical expenses, lost or damaged baggage, and other expenses and/or losses incurred due to unexpected situations. One travel insurance provider to consider is USI Affinity Travel Insurance Services. For more information on the plan for AHS travelers, visit www.ahsgardening.org/travel. Information is also available at this link regarding optional flight and travel arrangement services.

### **PROGRAM PRICING:**

Program price: \$11,595 Single Supplement: \$1,495

Program pricing is per person, based on double occupancy and a minimum of 12 paying participants. Program price includes: 11 nights' accommodations; 27 meals (11 breakfasts, 10 lunches, 6 dinners); non-alcoholic beverages with meals, plus wine at dinner (2 glasses/person); sightseeing and activities as described, including entrance fees and permits; full-time guide for duration of the program; private vehicle transportation and driver; all tips and gratuities; departure tax; and carbon offset. Arrival and departure transfers between the airport and hotel are included in your program cost when you travel on the program dates. Price does not include: international airfare from your departure city; passport/visa fees; travel or trip cancellation insurance; personal expenses such as additional beverages, laundry, room service, and meals not specified; communications charges; or other items of a personal nature. Additional baggage fees levied directly by the airline(s) may apply and are subject to change at any time. You should confirm directly with your airline(s) prior to departure.

### **OPTIONAL EXTENSION PRICING:**

Extension price: \$4,195 Single Supplement: \$425

Extension pricing is per person, based on double occupancy and a minimum of 2 paying participants. Extension price includes: Internal flights (Cape Town to Hoedspruit; Hoedspruit to Johannesburg); 5 nights' accommodations; 14 meals (5 breakfasts, 4 lunches, 5 dinners); non-alcoholic beverages with meals, plus wine at dinner (2 glasses/person); sightseeing and activities as described, including entrance fees and permits; full-time guide for duration of the program; private vehicle transportation and driver; all tips and gratuities; departure tax; and carbon offset. Price does not include: international airfare from your departure city; passport/visa fees; travel or trip cancellation insurance; personal expenses such as additional beverages, laundry, room service, and meals not specified; communications charges; or other items of a personal nature.

**DEPOSIT & FINAL PAYMENT:** A \$500 per person deposit and completed enrollment form are required to reserve your space on the program. (An additional \$500 per person deposit is required to reserve your space on the extension.) These deposits are each refundable minus a \$300 cancellation fee until January 20, 2025, at which time final non-refundable payment is due in full.

**FLIGHTS:** International airfare is not included in the tour price. Participants are responsible for their own air arrangements. Please do not purchase airline tickets until the operation of the tour is confirmed by Holbrook Travel. We recommend against purchasing non-refundable tickets or those with high penalties for changes; AHS and Holbrook Travel shall not have any liability for any loss resulting from cancellation of this tour or changes in this tour.

**CANCELLATIONS, CHANGES & REFUNDS:** If you must cancel your tour, the effective date of cancellation will be upon our receipt of your notification. All cancellations need to be submitted in writing to Holbrook Travel. Refunds for cancellations are subject to the following per person charges: Cancel 228 days or more before departure: \$300 charge; Cancel 228-0 days before departure: no refund. Please note that we will not refund the cost of any unused portion of your tour package. If your reservation changes from double occupancy to single occupancy for any reason, you will be charged the single supplement. If due to unforeseen circumstances AHS or Holbrook Travel cancels your tour, you will receive a complete refund of all payments you have made to us.

**TERMS & CONDITIONS:** Upon receipt of registration, Holbrook Travel will send registrant a Participant Tour Agreement detailing the full terms and conditions for this tour. This document must be signed and returned to Holbrook Travel before participant's registration is considered complete and any arrangements can be confirmed.

**AHS PROGRAM CONTENT:** The AHS and its travel partners reserve the right to take photographs, videos, and audio ("Program Content") during the Travel Study program for editorial, promotional, and commercial use by the AHS or authorized third parties. By making a reservation on an AHS Travel Study program, the participant agrees to allow his/her likeness to be used by AHS or AHS-authorized third parties without compensation to the participant. AHS reserves the right to crop, alter, or combine the Program Content with other images, text, or media at its sole discretion and to use the Program Content in any medium or format, including but not limited to print, digital, or online media. This authorization grants AHS and/or authorized third parties the right to use the photographs, videos, and audio worldwide and in perpetuity, without further consent or compensation. Participants who prefer that their voice and/or image not be used must notify AHS in writing prior to the beginning of the program.

FOR MORE INFORMATION ABOUT AHS TRAVEL STUDY PROGRAMS: Please contact travel@ahsgardening.org or (703) 768-8801. Information is also available at www.ahsgardening.org/travel.



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### AHS TRAVEL STUDY REGISTRATION FORM

Enclosed is my/our deposit for \$\_\_\_\_\_\_ (\$500 per person) for \_\_\_\_\_\_ person/people on the tour noted above. Payment may be made by American Express, Discover, MasterCard, or VISA or by personal check. Please make check payable to Holbrook Travel, Inc. and mail completed enrollment form and deposit check to: Holbrook Travel, 3540 NW 13th Street, Gainesville FL, 32609. This completed form and deposit must be received in order to ensure your registration. It is suggested that you email your completed registration form as an attachment to schmidt@holbrooktravel.com or hannah@holbrooktravel.com. For tour questions, please contact Sandy Schmidt at schmidt@holbrooktravel.com; to make payments via phone, please ask for Hannah Sanchez. Both can be reached at 800-451-7111 (M-F, 9 am - 5 pm ET).

Travel Insurance is not included in the tour cost, but participants are strongly encouraged to purchase a travel protection plan in conjunction with this tour. USI Travel Insurance Services offers a plan designed specifically for AHS travelers. Depending on the plan you purchase, travel insurance can cover trip cancellation, trip interruption, medical expenses, emergency evacuation/repatriation, lost or damaged baggage, and other expenses and/or losses incurred due to unexpected travel situations. For details about the tour protection plan for AHS travelers, visit https://my.travelinsure.com/ahs or call 1-855-874-0156.

TRAVELER 1	Full Passport Name									
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TRAVELER 2	Full Passport Name									
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<b>ADDITIONAL DETAILS &amp; PAYMENT</b>	Emergency Contact (	(not traveling)			Relationship	Phon	e ()			
	I will share a room with				🔲 We prefer separate beds.					
	Please assign me a roommate. (1) Please assign me a roommate. (2)									
	I request a single room at extra cost (limited availability; \$1,495 main program / \$425 extension).									
	I/we would like to enroll in the optional post-trip extension, "Blyde River Canyon & Wildlife Safari," (Sept. 5-11, 2025) and have enclosed an additional \$500 per person deposit. Limited Availability									
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Final invoicing will be sent by our tour operator, Holbrook Travel, Inc. The balance of the program price must be paid to Holbrook Travel. Final payment is due January 20, 2025 (check or credit card).

### AHS TRAVEL STUDY HEALTH AND SAFETY GUIDELINES

At AHS Travel Study, ensuring the health and safety of our guests is our top priority. We strongly advise everyone to take precautions against COVID-19 and other contagious illnesses before and during travel. Please review the Health and Safety guidelines below.

**Vaccination:** The AHS strongly recommends that all AHS Travel Study participants be fully vaccinated against COVID-19 at the time of travel including a COVID-19 booster shot, if eligible. Guests must still comply with any trip-specific vaccination requirements, including those required by our cruise operators.

**On-Trip:** To ensure the health and safety of program participants, if you are feeling unwell on-tour, please advise your Tour Manager and adhere to current CDC guidelines.

**Local Requirements:** It is important to note that international destinations and local laws may still enforce full COVID-19 vaccination requirements. In some cases, guests who have not completed their full vaccination regimen may be prohibited from entering specific destinations. For more information, please visit the U.S. Department of State website.

**Travel Insurance:** We highly recommend purchasing travel insurance. We encourage you to carefully review the various travel insurance options available and select a policy that best suits your needs. Be sure to consider factors such as coverage limits including COVID-19 coverage, medical expenses, trip cancellation/interruption coverage, baggage loss or delay, and other travel-related contingencies.